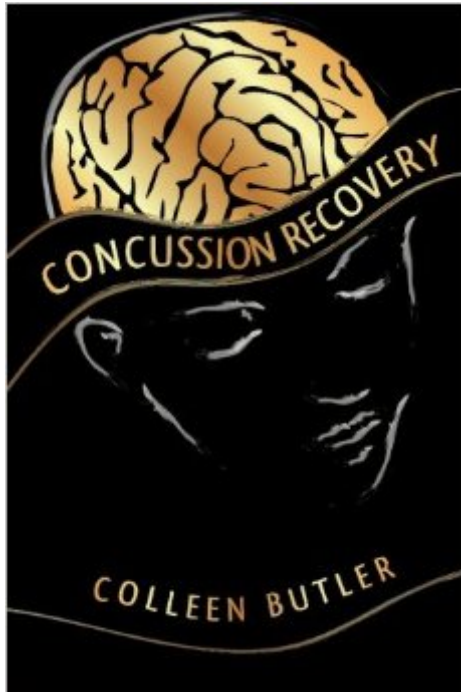


The book was found

# Concussion Recovery: Rebuilding The Injured Brain



## Synopsis

As stated by Harry Zarins, Executive Director of the Brain Injury Association of Canada, Concussion Recovery is an extremely practical guide, which is written from first-hand experience. The book is a compendium of information, techniques, and insight, which the author, Colleen Butler, has compiled from her own journey to understand brain injury and to find her path to recovery. Colleen's extensive experience in helping those who are coping with the challenges of brain injury has led her to develop innovative solutions to give hope and speed the recovery of survivors. Readers will greatly benefit from the empathetic, compassionate approach of the book, its humour and the information it offers. Uplifting, honest and straightforward, Concussion Recovery will empower survivors to take control of their recovery journey and to be patient with themselves as they rebuild their lives.

## Book Information

Paperback: 160 pages

Publisher: CreateSpace Independent Publishing Platform (March 29, 2012)

Language: English

ISBN-10: 1475024827

ISBN-13: 978-1475024821

Product Dimensions: 6 x 0.4 x 9 inches

Shipping Weight: 10.6 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars Â Â See all reviews Â (3 customer reviews)

Best Sellers Rank: #949,492 in Books (See Top 100 in Books) #307 in Â Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Physical Impairments #802 in Â Books > Medical Books > Medicine > Sports Medicine

## Customer Reviews

This was a well written resource for my patients and their families. Provided good info and gave them tips to follow.

This has been a great help for my daughter who is recovering from a brain injury. Thank you very much

I highly recommend this book. The author shares her journey with the reader explaining how she has coped and recovered from her concussion. Well worth reading it.

[Download to continue reading...](#)

Concussion Recovery: Rebuilding the Injured Brain Coping with Concussion and Mild Traumatic Brain Injury: A Guide to Living with the Challenges Associated with Post Concussion Syndrome and Brain Trauma Rebuilding: When Your Relationship Ends, 3rd Edition (Rebuilding Books; For Divorce and Beyond) Addiction: The Last ADDICTION RECOVERY Guide - The Infallible Method To Overcome Any Addiction: (addiction, addiction recovery, breaking addiction, overcoming ... addiction recovery, recovery, clean Book 4) Brain Training: Power Brain! - Secret Techniques To: Improve Memory, Focus & Concentration (Brain teasers, Improve memory, Improve focus, Concentration, Brain power) Brain Cancer Treatment - How to Beat Brain Cancer And Get Your Life Back (Brain Cancer, Tumor, Brain Cancer Treatment, Natural Treatment) Brain Training: The Ultimate Guide to Increase Your Brain Power and Improving Your Memory (Brain exercise, Concentration, Neuroplasticity, Mental Clarity, Brain Plasticity) Gambling Addiction Recovery: Gambling Addiction Recovery and Cure of Your Life (Addiction Recovery, Addictions Gambling, Quit Smoking, Addiction) Treat Concussion, TBI, and PTSD with Vitamins and Antioxidants Breast Cancer Prevention and Recovery: The Ultimate Guide to Healing, Recovery and Growth: prostate cancer, bone cancer, brain cancer, breast cancer, colorectal, ... cancer killers, cancer is not a disease,) Brain, Heal Thyself: A Caregiver's New Approach to Recovery from Stroke, Aneurism, and Traumatic Brain Injury My Grain & Brain Cookbook: 101 Brain Healthy and Grain-free Recipes Everyone Can Use To Boost Brain Power, Lose Belly Fat and Live Healthy: A Gluten-free, Low Sugar, Low Carb and Wheat-Free Cookbook Grain Brain Audiobook: David Perlmutter GRAIN BRAIN Audio CD: Grain Brain David Perlmutter Why Isn't My Brain Working?: A revolutionary understanding of brain decline and effective strategies to recover your brain's health BRAIN: 51 Powerful Ways to Improve Brain Power, Enhance Memory, Intelligence and Concentration NATURALLY! (MEMORY, Memory Improvement, Learning, Brain Training) Brain Games #1: Lower Your Brain Age in Minutes a Day (Brain Games (Numbered)) Brain Games #3: Lower Your Brain Age in Minutes a Day (Brain Games (Numbered)) The Case Against Hepatitis B Vaccination: Prevent Your Newborns & Infants From Being Permanently Injured Take Charge of Your Workers' Compensation Claim: An A to Z Guide for Injured Employees in California (Take Charge of Your Workers' Compensation Claim, 4th ed) Student Workbook to Accompany Emergency Care and Transportation of the Sick and Injured